

**SUMMARY:**

- Texas RN and Family Nurse Practitioner student of **Master of Science in Nursing, Family Nurse Practitioner** program
- **Dedicated, motivated, and compassionate Licensed Registered Nurse** with expertise in **assessment, monitoring,** and providing **care** for **critical and telemetry patients**
- Delivering patient and family education by providing compassionate, inclusive care that encourages **self-sufficiency**
- Effectively **communicate** with patients, families, physicians, technologists, nurses, and other health care professional
- **Proactive** and resourceful with exceptional work ethic

**LICENSE/CERTIFICATE:**

- **Texas RN Licensure, #989044, Current** Mar 2028
- **CPR BLS, ACLS Certified by American Heart Association, Current** Sep 2026

**EDUCATION:**

- **Master of Science in Nursing, Family Nurse Practitioner** Aug 2023 to May 2026  
Stephen F. Austin State University Nacogdoches, TX
- **Bachelor of Science in Nursing (BSN)** Nov 2014 to Nov 2018  
Chakrabarti Habi Education Academy – Purbanchal University Kathmandu, Nepal

**PROFESSIONAL EXPERIENCE:****Houston Methodist The Woodlands Hospital – TX (RN) Apr 2023 – Present**

- ❖ Manage patient admissions and discharges, ensuring all necessary **paperwork and documentation** are completed accurately
- ❖ Provide **medications** and **treatments** as prescribed, monitoring patients for any adverse reactions
- ❖ Conduct thorough **assessments of patients' conditions, including monitoring vital signs and symptoms**
- ❖ Perform **wound care** and **dressing changes**, ensuring proper healing and infection control
- ❖ Administer **pain relief measures** and monitor their effectiveness
- ❖ Educate patients and their families about their conditions, treatment plans, and post-discharge care
- ❖ Collaborate with **multidisciplinary teams**, including physical therapists, dietitians, and social workers, to develop and implement comprehensive **care plans**
- ❖ **Document** patient care activities and updates in **electronic medical records** accurately and timely
- ❖ Assist with or perform **diagnostic tests** and interpret results to inform **patient care decisions**
- ❖ Help patients with **mobility** and **physical activities** to promote recovery and **prevent complications**
- ❖ **Train, lead** and **motivate** newly hired RNs and student nurses through direct patient care as Charge Nurse, Preceptor, and Resource Nurse

**HCA Healthcare Conroe – TX (RN) Dec 2021 – Present****New Graduate Residency Program, StaRN – HCA Sep 2021 – Dec 2021**

- ❖ Provide compassionate care for the safety of patients
- ❖ Recognizing changes in patient condition and makes appropriate modification as needed
- ❖ Using therapeutic communication technique and effective interpersonal skills in the provision of care to clients
- ❖ Work as a team lead and team player and use **Time Management** skills
- ❖ **Train, lead** and **motivate** newly hired RNs and student nurses through direct patient care as Charge Nurse, Preceptor, and Resource Nurse
- ❖ Concisely and descriptively recorded findings from patient assessment, chart review, intervention implemented and patient response to intervention in records
- ❖ Attending monthly meetings, in-service educations
- ❖ **Perform preventive** and **therapeutic measures** directed toward the promotion, maintenance, and restoration of health
- ❖ Provide comfort and treatment to **COVID** patients in pandemic during highly stressed period
- ❖ **Collaborate** with the **interdisciplinary team** to provide patient-centered care

**The Broadmoor At Creekside Park – TX (RN) Jul 2020 – Sep 2021**

- ❖ Managed unit operations as a **charge nurse** with an average daily census of 16 patients
- ❖ Resolved patient problems and needs by utilizing multidisciplinary team strategies

REFERENCES AVAILABLE ON REQUEST

- ❖ Established a compassionate environment by providing **emotional, psychological, and spiritual support** to patients, friends, and families
- ❖ **Assessed** health outcomes against patient care goals and standards to make or recommend necessary modifications.
- ❖ Practiced hospital and nursing division's philosophies and standards of care set by **Texas Board of Nursing**, state nurse practice act, and other governing agency regulations
- ❖ **Educated** patients on their health condition, treatments, maintenance, and discharge planning

**FNP STUDENT CLINICAL EXPERIENCE:****1st Response Family Clinic – Conroe, TX****300 Hours**

- ❖ Managed **high-volume walk-in visits** using evidence-based protocols.
- ❖ Performed **point-of-care testing (strep, flu, UA, glucose, A1c)** and used results to guide same-day treatment decisions.
- ❖ Delivered **immunizations** and **preventive services** consistent with **CDC** guidelines.
- ❖ Completed **well-child, adult wellness, and chronic disease** follow-up visits using evidence-based guidelines.
- ❖ Performed **pediatric assessments** including Texas Health Steps exams, growth monitoring, and developmental screening.
- ❖ Managed common acute conditions (**URI, UTI, otitis media, pharyngitis, rashes, minor injuries**).
- ❖ Assisted in chronic disease management for **hypertension, diabetes, COPD, asthma, and hyperlipidemia**.
- ❖ Conducted **triage** and **evaluation** of **musculoskeletal injuries**, determining need for imaging or escalation.
- ❖ Delivered **patient education** tailored to varying health literacy levels.
- ❖ Supported **mental health screening** and coordinated referrals for **counseling** and follow-up care.

**Express Family Clinic – Spring, TX****120 Hours**

- ❖ Performed **comprehensive assessments**, developed differential diagnoses, and assisted in **treatment planning**.
- ❖ Managed **acute and chronic conditions** including **hypertension, diabetes, hyperlipidemia, URIs, UTIs, dermatologic issues, and minor emergencies**.
- ❖ Independently evaluated and treated minor acute conditions (**URI, UTI, sinusitis, otitis, rashes**) under NP supervision.
- ❖ Demonstrated strong documentation efficiency using **EMR templates** and structured **clinical workflows**.
- ❖ Provided **preventive care** including **immunization** guidance, cancer screening recommendations, and lifestyle counseling.
- ❖ Interpreted basic diagnostic studies (**CBC, CMP, lipid panel, A1c, urinalysis**) to guide care decisions.
- ❖ Educated patients on medication adherence, **chronic disease self-management**, and symptom monitoring.

**Love Thy Neighbor Clinic – Katy, TX****240 Hours**

- ❖ Delivered accessible, affordable primary care with a focus on **patient autonomy**-aligned with community-based care model.
- ❖ Conducted **comprehensive assessments** for adults with complex medical and social needs.
- ❖ Managed **same-day sick visits**, including **respiratory infections, minor injuries, and skin conditions**.
- ❖ Assisted in managing chronic conditions including **hypertension, diabetes, hyperlipidemia, COPD, and thyroid disorders**.
- ❖ Delivered **preventive screening** and **counseling**, including **cancer screening recommendations** and lifestyle modification guidance.
- ❖ Provided **patient education** on medications, diet, exercise, vaccination and chronic disease self-management.
- ❖ Participated in minor procedures such as **wound care, splint/brace application, and Dermabond laceration repair**.
- ❖ Reviewed and interpreted basic imaging and **laboratory results** with preceptor oversight.
- ❖ Supported patients in accessing community resources, financial assistance, and **follow-up care**.

**AWARDS:**

- Distinction List - Chakrabarti Habi Education Academy Nov 2014 - Nov 2018
- Employee of the Months – Houston Methodist The Woodlands Hospital Mar 2024

**STRENGTHS:**

- Trilingual in Nepali, Hindi, and English